



Canyon Lake Senior Center

April 2011 Online Newsletter

Spring Rummage Sale

By Carol Hamann

Canyon Lake Senior Center is having a spring rummage sale. When you shop with us, you will discover some hidden treasures.

There will be an early bird sale on Thursday, April 7, from 4 to 6 p.m. There will be a \$5 entrance fee for those wanting to get a jump on the goods.

The other days will have no entrance fee and will be Friday, April 8, from 8 a.m. to 3 p.m., and Saturday, April 9, from 8 a.m. to 1 p.m.

We hope you will join us for this rummage sale. I know there are items that you can't live without. This seems to happen to all of us.

Lunch will be available and is priced very reasonably, so come hungry.

There will be a sign-up sheet on the Activity Counter if you are interested in helping. This event greatly helps set the future for our Center, so let us unite and make this one of our top fund raisers. Volunteers are greatly appreciated.

We would also like to thank everyone for their generous donations of items to sell. If you still have any items hanging around your house, garage or wherever, you can drop them off at the Canyon Lake Senior Center Monday through Friday from 8 a.m. to 5 p.m. It's easy and, if you need some tax write-offs, we have sheets in the Office to fill out.

We look forward to seeing you there.

Veteran Dean Wilcox Proud to be An American

By Canyon Lake Staff

Dean Wilcox enlisted in the navy at age 17 and served on two destroyers. He received numerous medals. Two were European-African-Middle Eastern Campaign medals with one star and the Asiatic-Pacific Campaign Medal with five stars (the number of stars tells how many campaigns he served in).



After discharge from the navy and working at various jobs, Dean decided to enlist in the U.S. Air Force in 1950. He served in the communications field. When asked why he enlisted in the Air Force, he answered, “I didn’t want to go back to sea, I had enough sea duty.”

Dean loved serving in the armed forces and took pride in his responsibilities and work. He was a Teletype, crypto and radio operator. He was in charge of the Communication Center and anything to do with communications.

One of the campaigns he was involved with was Guam. He became facilities manager at Ellsworth Air Force Base and site manager for the missiles at EAFB.

He received nine medals, among them Good Conduct Medal with Silver Oak Leaf Cluster and Outstanding Unit Award with V device. To receive these medals, he said, “You just need to be in service – to have good conduct, be a good sailor and soldier and stay out of trouble.”

“I was proud to serve our country, to be a good American citizen and soldier with honor and integrity. I was happy to be part of the U.S. forces and glad to see the end of the WWII.” He served our country well and helped preserve our freedom.

According to Dean, servicemen don’t have egos. “Servicemen are in it to serve our country. Hollywood, sports people and pop stars are in it for the money.”

Dean’s advice to young people, “If you care for your country, military is great, but the military has rules. You either cut it or you don’t. Military has everything to offer, from education to serving your country. You learn structure, obedience, taking instructions and learning respect.”

Dean said, “A rewarding moment was the end of WWII. I liked military life. I wouldn’t have wanted to do anything else.”

“I am proud of my wife, children and proud to be an American.” he concluded.

We are proud to have Dean as a member of Canyon Lake Senior Center and it’s an honor to know a successful, good citizen, a real hero.

Senior Spelling Bee

By Jeanne Hoback

When I heard there was going to be a National Senior Spelling Bee in Wyoming, I was surprised. I did not know there was a spelling bee for seniors. I did some research and, sure enough there is. Wyoming’s is sponsored by AARP.

Why not has a spelling bee for seniors at Canyon Lake Senior Center? I asked around to see what the members felt about this. Would you participate, come to watch or would you help? The results of my mini-poll were encouraging. So it’s in the works.

There were those who are afraid they couldn't stand on stage in front of anyone to spell. There are several ways for a spelling bee. One is the AARP spelling bee where the rules are strict. There are others where the spelling bee is fun and in teams. I want this to be fun to enter, fun to watch and keep minds sharp. We will have teams of two people.

Form your team, sharpen up your spelling skills. The Senior Spelling Bee will be in the fall. The requirements are easy. You must be over 50 and understand the English language. The words will be taken from Webster's Collegiate Dictionary. We will have a nominal entrance fee of \$10 per couple.

Keep reading the Senior Citizens News. We will let you know when the Senior Spelling Bee will take place. For more information, contact Millie Roland or Jeanne Hoback.

News From The Art Walk Painters

By Phyllis Heller

At Canyon Lake Senior Center, every Thursday noon, you will hear a flurry of activity and chatter, with excitement and anticipation; a few tables are arranged and covered with oilcloth. A person then stakes a claim to their favorite location to begins a couple of hours of color mixing and brush strokes. Thus begins the favorite couple of hours that is the "Art Walk Painters" week.

We were fortunate to have Kelli Lien a professional artist come to our class, in March, to instruct us in the medium of watercolor painting.



Kelli Lien comes to us with an enthusiastic teaching style that grabs your attention and interest. She used different techniques and many colors to demonstrate painting a rose using watercolors. We enjoyed seeing this psychedelic rose develop from start to finish right before our eyes. We learned that to achieve a good ending, you must start with high quality materials. Patience is just as important as talent to a watercolorist.

Our painters are an adventurous group. Some like to do horses, some animals in general, while others specialize in landscapes or still life, portraits, and flowers. Everyone is willing to try a new idea on occasion.

Please stroll down the hallway beyond the office and enjoy our work on display. Some pieces are also on display in the library lounge.

One exception that the whole group agrees on ... being called painters does not mean any of us will do walls ... NO WAY!!!

Senior Games Set For June 1-4

By LaVonne Sartorius

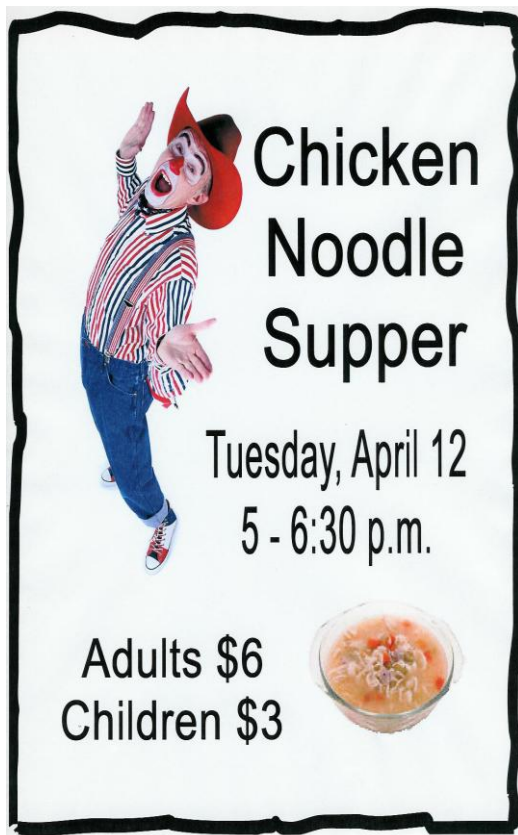
It is time to think about which Senior Games events you wish to enter. Entry forms can be picked up at Canyon Lake Senior Center and Minneluzahan Senior Center.

If you are over 50 and like friendly competition, the Rapid City Senior Games may be just what you are looking for. This 27th anniversary event is designed to promote healthy lifestyles for adults over 50 through a variety of fitness, sports, social events and athletic competition. Sign up for bike races, tennis, swimming races, table tennis, pickleball, volleyball, 500, hand & foot, bridge, etc. We are adding Texas hold'em and mah jong to games.

Entry fee is \$12, which includes a free barbeque hosted by Golden Living Center, along with a T-shirt and an awards banquet.

If you are looking for some exercise and a good time or if you are very competitive, these games are for you! When it comes to training for competition or working out for health, competition is a must for powerful motivation! My hope is that the Games be an inspiration for all to continue to have fun and stay fit throughout the year.


The Games will be held on Wednesday, June 1, through Saturday, June 4. The awards banquet will be at Canyon Lake Senior Center on Saturday, June 4.



**Chicken
Noodle
Supper**

Tuesday, April 12
5 - 6:30 p.m.

Adults \$6
Children \$3



Published monthly by:

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