



Canyon Lake Senior Center

March 2011 Online Newsletter

Meet Millie Roland

By CLSC Writers Club

“Camaraderie and friendship are our greatest assets and we need to stress these.” Millie Roland was speaking of our Canyon Lake Senior Center. She went on to say, “Don’t be afraid of opening your heart to others. You reap the rewards from the good deeds you do.”

This coming September you can congratulate Millie and Ron on their 50th wedding anniversary! She joined Canyon Lake Senior Center in 2005, when Ron was already a member. Her most valuable asset is her family. These are the kind of values Millie has: strong sense of family and honesty. She is a giving and caring person. There is no doubt what she believes. She says what she believes, is straightforward and nice. She doesn’t like people to say one thing to her face and say another thing behind her back.



Millie grew up northeast of Lemmon, S.D. For two years Millie taught in rural schools in North Dakota and ended up at Douglas school for her last 25 teaching years. She still enjoys teaching, especially on a “one on one basis.” In fact Millie said that would be her gift or talent, educating people.”

Millie is still working. She is a financial representative with Premerica Financial Services. She says, “I can do things on my own schedule but am available to my clients for their needs. I am blessed with good health and enjoy all the things I do.”

Millie, a valuable member of our Center, is greatly appreciated for her volunteering, her leadership and her participation in Center activities and events. Millie has been involved in lining up our cashiers and does pre-sorts, set-up and clean up for the rummage sales. She helps organizing our Christmas cookie bake sale, initiating Challenge 2009 fundraisers, exercising, and singing in the Joyful Gals and Guys. “Most people try to improve themselves, and whenever Ron and I see something that needs to be done, we get involved,” she said.

”If Canyon Lake Senior Center had a drawback it would be lack of funds to expand and extend our services and activities.” She went on to say, “Canyon Lake Senior Center has a great asset to

draw upon and that is the talent of our members. If activities you like to do are not offered, get involved and start a new activity.”

Asked what trait leaders need, she replied, “Knowledge of what is expected of them, how to do those things, a caring attitude, awareness of the differences people have and be open to suggestions.”

Her pet peeve is people who are continually late.

Millie’s advice and philosophy: “Be true to yourself, do unto others as you would have done unto you,” and “think before you speak.”

Meet Millie and you will find a compassionate and caring person.

Spring Rummage Sale April 8, 9

By LaVonne Sartorius and Rummage Sale Staff



With the days getting longer, we look forward to spring. When spring-cleaning closets and garages, remember to bring your extra rummage to the Canyon Lake Senior Center.

This spring rummage sale has the potential to be one of our best. It is occurring after Christmas when giving, exchanging and discarding items is at an all-season high. Hopefully, some of the discarded items are heading for our sale.

Bring your donations to the Center anytime between 8 a.m. and 9 p.m. Monday through Friday. Our sorting committee will make sure everything is clean and works. Needed items range from clothing, antiques, jewelry, holiday decorations, boutique items to baskets, books, etc. Items from rug looming and ceramic groups will also be for sale. With a sale this large we need Center members to work. Sign up at the Activity Counter.

If you don’t bake anymore, we also have a large bake sale. We will have pies, cakes, sweet breads, bars and cookies. There will be a great lunch available so you can shop and eat.

There will be an early bird sale on Thursday, April 7, from 4 to 6 p.m. with a \$5 admission. Hours on Friday, April 8, are from 8 a.m. to 3



p.m. Hours on Saturday, April 9, are from 8 a.m. to 1 p.m. Sales will be held in four rooms. The sale is open to the public as well as Center members.

Our rummage sales are very important financially to the Center. This is the time for you to support your Center in a major fund-raising event. Bring your family and friends.

Come early, shop, have a coffee break, shop and have lunch.

Ceramic Has Expanded Hours

By Connie Peacock

Hi, my name is Connie Peacock and I am very excited to be volunteering at Canyon Lake Senior Center. I will spend my time mainly in the Ceramics Room.

I have been involved with ceramics (student, teaching and painting) for around 30 years. I love to express myself in colors. I guess with the last name of Peacock, I should love colors (and I do).

We are extending our Ceramic hours available for anyone to paint, glaze or have a cup of coffee. Lois Fiedler will still have the Tuesday 9 a.m. to 12 noon slot. I will be here Tuesday noon to 4 p.m. and all day Thursday, 9 a.m. to 4 p.m. I am also available for Wednesday afternoon by request. My phone number is 605-431-2098.

We make “one of a kind” items. Please join us and paint or glaze. Even if you can’t put one more item in your home, make an item for someone special or for the Center to sell. We have all kinds of piggy banks to choose from and you can even choose your colors. Let your creative side blossom.

This summer you will have the opportunity to “make a memory” with your grandchildren or great-grandchildren. Watch the bulletin board for more details.

Senior Games Ahead

By Senior Games Board

It’s time to be thinking of getting into shape for the annual Senior Games. This is for mental health, physical health and just lots of fun. Everything happens June 1 to 4. It’s running and swimming, cards and competitive sports, along with a lot of other activities.

Remember that the competitive sports have a few requirements. The days of the games are not the time to learn how to play pickleball, badminton, or tennis. You must have experience with these sports prior to the games. You must also know the rules and have the necessary equipment. If you have played these activities prior to the games and have a good level of proficiency, join the games, for a lot of sports-filled fun.

Now is the time to oil the bike, start to run, and get in some card playing. We will see you at the games.

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