



Canyon Lake Senior Center

May 2010 Online Newsletter

Prez Sez

By Ron O'Connell

The spring rummage sale has been successfully completed thanks to the volunteers who sort the donations as they come in, those who set up and arrange the materials for the sale, those who work during the sale, and those who clean up after the sale.

Note to all volunteers who participate in Canyon Lake Senior Center activities during the year: Mark the 15th of June on your calendars and attend the Volunteer Banquet at 1 p.m. in the Viking Hall as thanks for your time and effort given in support of our Center.

Have you noticed the smaller container in the Main Room next to the Family Thrift receipt container? This is for the Universal Product Code (UPC) on all Family Thrift products that can be removed and placed in the container.

Everything counts toward the \$150,000 grand total necessary to receive a \$1,000 check. These funds are then used as "hard match" funds in support of our Elderly Meals Program.

Several expenditures have arisen for which we are requesting donations in order to keep adversely affecting our budget.

1. Replacement of the heating unit for the Card Room, which has failed. We are told that unit is so old replacement parts no longer available to keep it in operation.

2. Parking lot repair and striping. The striping is so weathered it is difficult to see for proper vehicle positioning, especially noticeable with large volume of traffic such as in the case other rummage sales.

Remember Mothers Day and Memorial Day.

CLSC Members To Vote May 3

By James Bachand

The Canyon Lake Senior Center has six candidates running for the board of directors this month. Members of the Center will cast their ballots in the Library Lounge Monday, May 3, from 9 a.m. to 3 p.m. Absentee ballots will be available in the Center's Office.

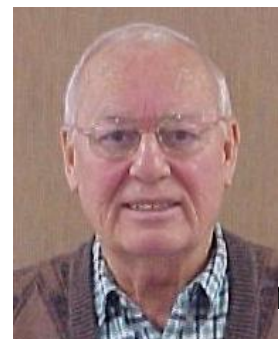
Those who are up for the six chairs are:

Doug V. Stoner

Doug graduated from Gettysburg, S.D. High School in 1955.

Doug was married to Dottie for 40 years. He also has two daughters, three grandchildren, and three great grandchildren. He moved back to South Dakota in 2006.

Doug was an Army medic for two years, South Dakota state highway worker for three years, and ironworker for the rest of his career.



He worked on Transamerica in downtown San Francisco, owned two businesses and retired at 66 years of age.

If elected to the board of directors, I would like to work on getting more plants inside and outside. I would also like to see some outside private areas with benches and tables. My volunteer service has been with the West Side Kiwanis Club, Twin Homes board of trustees, and as manager of church rentals.

Andrew Poljansek

Andy graduated from high school.

Andy's family consists of his wife, Bettie, and three children, Michaela, Drew and Cheryl.

Andy has worked in construction since 1979.

Andy's volunteer experience consists of helping at the Zion Lutheran Church and Black Hills Area Habitat. Andy also still volunteers in the construction field as a supervisor and/or crew leader.

Andy would like to promote the growth of the Center by finding ways to have greater attendances at various functions.



Dennis D. Ritter

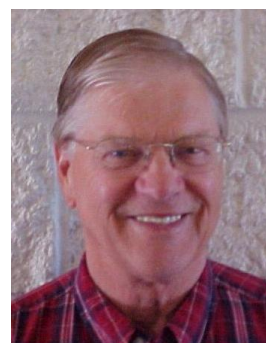
Dennis's education includes Masters in Social Work from the University of Denver.

Dennis' wife is Frances; his son is David M. Ritter.

Dennis has worked for the South Dakota Department of Social Services from 1964 to 1981. He also worked for the Casey Family Program from 1981 to 2003.

Dennis' volunteer experience includes being on the board of the Big Brothers of Rapid City and board of directors for the Canyon Lake Senior Center.

Dennis would like to see more support and recognition of the volunteers' time and effort for the Canyon Lake Senior Center.



Bob E. Heller

Bob graduated from high school.

Bob's family consists of a wife and four children, three of whom have passed away.

Bob has been an Air Force mechanic. He has also owned a transmission shop and a Conoco filling station.

Bob has also volunteered on the Canyon Lake Senior Center's board of directors previously.

Bob is known at Canyon Lake Senior Center as "the roller skating guy." He has also spent a great deal of time with his music. Bob plays in the New Horizons Band, the Jazz Band, and the Seventh Cavalry Drum & Bugle Corps.

Bob would like to work on making the Center larger with more equipment. Bob believes it is important to work on increasing membership and retaining those members.



James R. Miller

Jim's education consists of a B.S. in Education from Ohio State University, as well as a M.S. in Atmospheric Sciences at the South Dakota School of Mines and Technology.

Jim has three children: Shawn in Escalante, Utah, Eric in Mitchell, and Sheila in Livingston, Mont.

Jim volunteered for the U.S. Air force from 1962 to 1969. He also has 27 years of teaching and research at South Dakota School of Mines and Technology from 1971 to 1998.

Jim volunteers at The Journey Museum and the Rapid City Public Library. He also coordinates the Herbert Weisz Philosophy Society at the South Dakota School of Mines and Technology.



Rudy H. Mooney

Rudy graduated from high school and has had some tech training.

Rudy has three children and five grandchildren.

Rudy volunteered three years in the U.S. Army. He also has 32 years of IBM repair experience.

Rudy's volunteer experience consists of 28 years at the Black Hills Amateur Radio Club and eight years at the Canyon Lake Senior Center. Currently he has been fixing equipment in the upstairs exercise room. Rudy would like to promote a friendly atmosphere at the Canyon Lake Senior Center.



Senior Games Offer Variety

By Canyon Lake Coordinators

If you are over 50 and like friendly competition, the Rapid City Senior Games may be just what you are looking for.

This event is designed to promote healthy lifestyles for adults over 50 through a variety of fitness, sports, social events and athletic competition. It doesn't matter if you are just looking for some exercise and a good time or if you are very competitive,

these games are for you.

When it comes to training for competition or working out for health, competition is a must for more powerful motivation.

Our hope is that the Black Hills Senior Games will be an inspiration for all to continue to have fun and stay fit throughout the year.

The games will be held Wednesday, June 2, through Saturday, June 5. Hope to see you at the games.



April Pool Champs Don Schreiber & Dale Mikolash

Buck-A-Month Club Wants You

By Nila Boone

Buck-A-Month Club membership is down from previous years as well as the participation of those that do belong. Only seven or eight members out of the approximately 49 memberships have attended the last two meetings.

Are there no projects seen by Canyon Lake members to enhance the Center? At the present, there are only a couple of projects for funding. Of course, any large projects requiring funding would require more members to belong by paying the \$12 a year membership.

The next meeting will be Wednesday, June 2, at 3 p.m. in either the Library Lounge or the Main Room depending on how many members attend. Please put this date on your calendars. You can take part in discussions and learn about some changes that require no funding.

Members and non-members are welcome.

Viking Hall Dancing for May

By Gary Reynolds

Our May dance calendar begins with Midnight Sun Band on May 1. This will be our second annual 50's dance. Last year several ladies wore poodle skirts and we had a really good time remembering those 1950's. We encourage everyone to do the same this year. May 1 is also May Day, which is a custom you don't hear much about anymore.

On May 8 and 15 we will have Alan and Carlene Sack provide dance music. They have been in Arizona for the winter and we are really glad to have them back. Rounding out the May dance calendar will be the Easy Sounds Band on May 22.

The annual floor refinishing in the Viking Hall will take place from May 24 through June 3, which means we will not have a dance on May 29.

We will return on June 5 with the Midnight Sun Band. And on June 25 and 26 we will have the Top Notchmen Band from Wisconsin with us for Friday and Saturday night dances. Other musicians during June will be Alan Sack on June 12 and Easy Sounds on June 19.

Our picture is of Mel and Helen Weber, taken at a recent dance. Mel and Helen have been attending dances for a long time. They started taking dance lessons in this area in March 1981.

We look forward to seeing everyone real soon!!!

Activity Leaders' Responsibilities

By LaVonne Sartorius

1. Activity leaders oversee the running of activities.
2. Leaders should attend the activity meetings and check out the new member interest book at the Activity Counter.
3. At your activity gathering, inform members and remind them of upcoming events.
4. Have members check in on the roll book when they first come in and be sure their information is correct.
 - a. Check your roll list after one month to see who has not been coming. Call and invite them to attend and see if there are any problems.

- b. Inform the Office of any illness or hospitalization of members from your activity.
 - c. Upon Office notification, a card will be placed in the Library Lounge for signing.
 - d. Turn in money with the income report form to the Office.
 - e. Put the total number of participants in the circle; this information helps with our funding.
 - f. Check and make sure everyone has a valid membership.
5. After your activity, your area should be returned to its original appearance and be cleaned up.
 6. New activities can be brought up and I will take them to Programs and Planning.
- To have a new activity, it must have a leader.
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Why We Save FTC Cashier Receipts and UPC's

By Canyon Lake Staff

Why are we saving Family Thrift Center sale receipts and labels off cans? The answer is simply that for \$150,000 in receipts, Nash Finch will send Canyon Lake Senior Center a check for \$1,000 and for 500 UPC's off Our Family Brand canned goods we receive \$25. This is another fundraiser we have started and it is not that hard.

We have received FTC receipts and full labels off cans in the mail and many have been dropped off. There are two complete packs of labels that will be sent soon and the receipts are coming in every day. The last check received on March 17, was for receipts in the amount \$1,000.

Keep them coming for the good of the Center.

Hill City Day Trip

By LaVonne Satorious

The trip will take place Wednesday May 12th. We will depart the Center at 9:00 a.m. We will take the Black Hills 1880 Train which departs Hill City at 10:00 a.m. and returns at 12:15 a.m. We will receive a group rate of \$17.00 per person. Lunch will be at the Alpine Inn at 12:30 p.m.

We will then visit the Black Hills Institute of Geological Research from 1:30 – 2:00 p.m. There will be a group rate of \$4.00 per person if you wish to participate. Following that we will visit the Black Hills Railroad Museum. They have given our group a discount for this day. The charge will be \$4.00 per person if you wish to participate.

If you would like to go with us, please sign up in the Office by May 10th. This should be another fun trip.

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